



# Key to Your Child's Heart

## Healing Weekend for Fathers

### Below is what our small group will work on:

Two men (one former SSA man, and one current SSA struggling young man) will share their **PERSONAL STORIES** as it relates to parenting and the SSA child's needs from fathers.



Fathers will gain a **DEEPER UNDERSTANDING** of their child and why they may act or communicate in the difficult way they often do.

Fathers will receive **TRAINING** and develop skills that will help to secure and stabilize a strong attachment with their child.

Fathers will gain personal insight into the most important **STRATEGIES** they need to work on to stimulate a change in the relationship with their child.

Fathers will **BUILD** a network of support with other fathers so they know they are not alone.

In the position of the Protector, Provider, and Priest **it is often difficult for fathers to stay in tune** with all of the internal struggles of each family member. Many dads miss out on the **personal time and connection** with their children as they grow older. Consequently, sons and daughters often grow up **detached** from the father, missing out on critical bonding and relationship needs that must occur for healthy development. Because of this disconnect, **children don't feel understood and safe** to process their hurt and pain, and the father is once again separated from his role as the leader of the family, **feeling inadequate** to help his struggling child find their way.

Eventually we realize **we cannot wait for our child to come to us. Society, media and our children's own confusion has removed them so far from us** that we need to fight to "bring them back home." Does this sound familiar? If so, you are not alone!

This weekend will give you the **opportunity to connect** with other fathers that are in the same position as you, and **learn together** how you can rise up and face the challenges that affect our families and children! Fathers will **gain great insight** into their child's needs by learning, growing, and taking part in group activities with each other during this interactive weekend! They will **gain confidence to connect** with their children, and most importantly, will discover how to best take the position as a Parent/Coach to their child while learning how to better **support and guide** them.

Fathers of same-sex attracted, gay-identified, or troubled children will work together to **find better solutions** for their families. You will be **empowered** by understanding how your **own background** has influenced your parenting, while at the same time, **realizing how you can lead your children and family** into a **healthier future**.

Time to pack your bags, break away from your **daily routine**, and find some **answers and healing** for yourself, your child, and your family.



**Who:**

Fathers only (especially fathers's of a same-sex attracted or gay-identified child)

**What:**

Key to Your Child's Heart Healing Weekend

**Why:**

To grow personally and as a Parent/Coach. To learn how to better love and understand your struggling child. To uncover how your own unresolved issues may be blocking your family's path to healing.

**How:**

Our small group of 8-10 fathers is a safe place to process, learn, and heal. You will leave with answers, tools, techniques, and hope to help yourself, your child, and your family.

**When:**

September 14, 2012, 5:00 pm – September 16, 2012, 5:00 pm

**Where:**

Our beautiful country farm house retreat in rural Maryland (Hilltop Retreat, Hagerstown, MD)

**Facilitators:**

Psychotherapist, Christopher Doyle, M.A. assisted by Expert Parent and Relationship Coach, Hilde Wiemann

**FEE:**

\$599 per person, includes:

- Two facilitators: 5:00 p.m. on Friday thru 5:00 p.m. on Sunday.
- Lodging
- Six meals

**Register *early*** as the weekend is limited to 10 fathers, and is first-come, first-served.

**To register**, participants should contact our office at 301-805-6111. A 50% deposit is due upon registration, with the remaining due the week of the program.

**For more information**, contact [ihfinfo@comingoutloved.com](mailto:ihfinfo@comingoutloved.com) or call us at 301-805-6111.



**September 14-16, 2012**



International Healing Foundation  
P.O. Box 901, Bowie, MD 20718  
Tel: (301) 805-6111 | Fax: (301) 805-0182  
[www.ComingOutLoved.com](http://www.ComingOutLoved.com)



## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email address: \_\_\_\_\_

### Method of Payment:

Check

Please make checks payable to: International Healing Foundation

Mail check to: International Healing Foundation, PO Box 901, Bowie, MD 20718

Visa, Mastercard, Discover

Credit Card # \_\_\_\_\_

Exp Date: \_\_\_\_\_ 3 digit code: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

### Please answer the following:

1) Briefly describe your journey of healing and/or why you are attending this healing weekend.

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2) What are your goals for attending this healing weekend?

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3) Please list two or three references of family or close friends (please include phone numbers) that support you in your healing, that we can also use as emergency contacts.

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4) Do you have any dietary restrictions?

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5) Are you comfortable sharing the same room with a participant (all rooms are same gender)? Y / N (Please Circle)